

“CLEAN CATCH” URINE COLLECTION (Males)

A clean catch urine specimen is the best way for your doctor to find a urinary tract infection.

Before You Begin

1. Wash your hands.
2. Remove the urine container cap.
3. Place the cap on a flat counter top with the inside of the cap face up.
4. Open packet of 3 wipes.

Urine Collection

1. Clean your genital area with the wipes following the instructions below:
 - a. Retract the foreskin if present.
 - b. With the first wipe, clean the opening of the penis with a single downward stroke. Throw away the wipe.
 - c. Repeat step b with the two remaining wipes. You should have cleaned the opening of the penis a total of 3 times.
2. Start to urinate into the toilet, then bring the cup into the stream of urine to catch the urine in the cup.
3. Without touching the inside of the urine container cap, screw the cap firmly onto the container.
4. Write your first and last name on the top of the container.
5. Place your labeled container in cabinet or on the shelf.
6. Wash your hands.